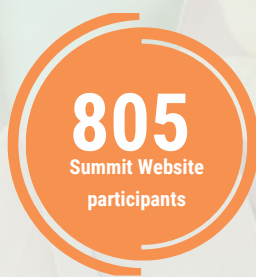


# 1<sup>st</sup> Adolescent Mental Health Summit

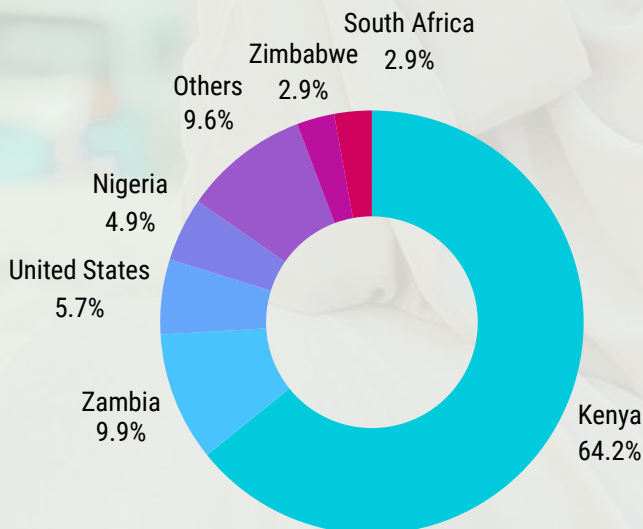
📍 Movenpick Hotel & Residences  
Nairobi, Kenya  
📅 May 8, 2024

## Summit Highlights

The 1<sup>st</sup> [Adolescent Mental Health Summit](#) showcased existing adolescent mental health interventions to 3400+ participants from over 80 Organisations, Government agencies, CSOs and youth groups.



## Participants per Country



## Launched MindSKILLZ



**MIND SKILLZ**



Adolescent Mental Health  
Summit 2024

## Other Highlights



## Themes Covered:

- Young People's Perspectives on Mental Health
- Adolescent Mental Health Landscape in Kenya
- MindSKILLZ Research Dissemination Innovative and Best Practices for Adolescent Mental Health
- Care for Carers
- Digital Mental Health Services/Programming in Kenya.
- Integrated Approaches to Adolescent Mental Health.
- Global Research Priorities and Opportunities for Adolescent Mental Health
- MindSKILLZ Practical Demonstrations



## Call for Action

Develop a Child and Adolescent Mental Health Policy for Kenya.

## Organisers



## Co-Convenors



Adolescent Mental Health  
Summit 2024